

# ABRIDGED RULES RUGBY (7 Aside) – 2022 - Page 1

## GUIDING BODIES

World Police and Fire Games Federation (WPFGF)  
8304 Clairemont Mesa Blvd., # 107, San Diego, CA 92111 USA  
Tele. (858) 571-9919; FAX: (858) 571-1641; E-MAIL: [4info@cpaf.org](mailto:4info@cpaf.org)

World Rugby  
World Rugby House  
8-10 Pembroke Street Lower  
Dublin 2, Ireland  
Tel: 00 353 1 240 9200  
Fax: 00 353 1 240 9201  
Email: [info@worldrugby.org](mailto:info@worldrugby.org)  
Web: [www.worldrugby.org](http://www.worldrugby.org)

## EVENTS

7 Aside Tournament; Men and Women: 12 person team plus one non-playing coach. A player may compete in only one division and on only one team.

MEN OPEN (18+): Division I  
Division II

MEN: 35 years & over as of the first day of the Games.

MEN: 45 years & over as of the first day of the Games.

WOMEN OPEN ONLY (18+)

## FACILITY

**Type of surface:** The surface should be grass. In exceptional circumstance and with the permission of the WPFG Director may also be artificial grass.

## BRACKETING

Round Robin (Group Play) followed by a Single Elimination tournament within each age class. Bracketing may be modified, depending on the number of teams entered and venues available, to allow teams to play the maximum number of games possible. The Host and the WPFGF must agree on the bracketing changes at or before the Bracketing Meeting.

**DIVISIONAL PLAY:** Several sports have instituted a Division I and Division II concept. The following rules govern the placement of teams in either Division I or Division II

### **DIVISION I:**

## **ABRIDGED RULES RUGBY (7 Aside) – 2022 - Page 1**

Teams may form and/or combine from states/provinces or similar region within a country and shall compete in Division I.

Medal winners in Division I from the previous WPFGE.

Any team may elect to compete in Division I with WPFGE approval.

### **DIVISION II:**

All other teams may compete in Division II.

Members of a combined team can be from Law Enforcement and/or Firefighter Services.

**WPFGE reserves the right to place a team in either Division I/Division II.**

### GENERAL RULES

A maximum of 7 players a side will be on the field.

A scrimmage will consist of a minimum of 3 players

The non-playing coach in Rugby, while not an active participant in the game, is critical to the team's preparation for the game as well as planning strategy and the roster.

Each game in group play will be 14 minutes in length. Two 7-minute halves. There will be a 1 minute half-time.

Semi-final and final matches will be 20 minutes in length (Two 10-minute halves). There will be a 2 minute half-time in those matches.

Any player "sent off" by a referee during a game will be barred from further competition in the tournament.

In case of a tie at the end of group play, a winner will be determined by the following:

1. Head to head competition within the group.
2. Most points scored in group play.
3. Most tries scored in group play.
4. Fewest points scored against in group play.

In the event of a tie score in the Semi-final or Final matches, a "Sudden Death" overtime period (s) will be played. The match will be restarted and consists of 5 minute periods with a 1 minute break in between to switch sides. These periods will continue until one team scores.

## **ABRIDGED RULES RUGBY (7 Aside) – 2022 - Page 1**

**IMPORTANT: Substituting** players from other teams is not permitted. Rolling substitutions will be allowed for all games.

Replacement of players: During a match each team may replace not more than three players. A player may be replaced only if he/she is injured. If he/she is replaced, he/she must not return and play in the match. A player with an open or bleeding wound may be temporarily replaced. Medical personnel and/or referee decide if the injury is cause for substitution.

**NOTE: Benches – only players and non-playing coaches registered in that Division will be allowed in the bench area. One warning only – second infraction results in forfeit of game.**

All games will start on time. There will be a five-minute grace period allowed before the game is forfeit.

Any event that occurs that is not covered in these rules or in the World Rugby rule book will be decided upon by the tournament committee.

Poor sportsmanship and/or dangerous play will not be tolerated.