

Monson Douglas was born in New Haven, Connecticut on July 5, 1934. He graduated high school in Portland, Maine in 1952. Monson wanted very much to become a policeman. At 21 years of age Monson was only 5 ft. 10 and 150 lbs., He could not find a department in New England that did not require an entry height of 6 ft. In 1958, he drove to California after learning Los Angeles County Sheriff and California Highway Patrol had height requirement was of 5 ft. 10.

Monson joined the Los Angeles County Sheriff in 1958 and served with them for 2-1/2 years. Monson had one last chance to join the California Highway Patrol before he was too old. Monson was successful and spent 30 years with the CHP almost entirely on motorcycles and 21 years as a Motor Sgt.

Monson ran and played tennis almost every day and entered the first Police and Fire Games in 1967. Monson only missed 5 World Games and none of the US Police & Fire Games. Monson has amassed over 300 gold, silver, and bronze medals in the Police Games. Most of these have been in tennis and cross country running.

Monson believes he has been very fortunate to have maintained good health thus far and will be 88 this July 5, 2022. Monson is blessed with 4 children, 9 grandchildren and 10 great grandchildren!

Monson recently won a silver medal in the 5K in the 2021 United States Police and Fire Championships in San Diego and has won many medals in the Police Games in Arizona and Nevada.

Monson will continue to enter many more Police Games in the future!

