



— WORLD —
POLICE & FIRE
— GAMES —

Cycling – Street Abridged Rules



— WORLD —
POLICE & FIRE
— GAMES —

Table of Contents:

[General Information](#)

[Guiding Bodies](#)

[Venues](#)

[Events List](#)

[Description of Events](#)

[Officials](#)

[Medical](#)

[Sport Rules](#)

[Awards](#)

[Players Conduct](#)



— WORLD —
POLICE & FIRE
— GAMES —

General Information

Guiding Bodies

World Police and Fire Games Federation (WPFGF)
7944 Convoy Court, San Diego, CA 92111
Tele. (858) 571-9919 FAX: (858) 571-1641
E-mail: 4info@cpaf.org

Union Cycliste Internationale (UCI)
CH-1860 Aigle, Switzerland
Tele: +41.24.468.58.11; Fax: +41.24.468.5812
Website: www.uci.ch E-Mail: admin@uci.ch

Venues

Red River Exhibition Center (Criterium and Sprint)

Birds Hill Provincial Park (Individual Time Trials and Road Race)

Events List

Criterium

Sprint

Time Trials

Road Race

- Men's and Women's Individual Events
 - Age categories: 18+, 30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+ & 70+

Entry Deadline

July 22, 2023

Description of Events:

1. **CRITERIUM:** Consists of a mass start per age group/s on a multi-lap event contested on a closed course for public safety and the safety of the athletes. The laps are typically a mile or less and include 4-6 corners. The course can be either circuitous or square blocks depending on the Host's venue and subject to the WPFGF's approval.



— WORLD —
POLICE & FIRE
— GAMES —

The race distance should be approximately 15–30 km (10–20 miles). Successful events have run the Men’s 18 through 49 for 35–45 minutes, including the final 5 laps. All Men 50+ and all Women’s categories were run for 35 minutes, including the final 5 laps.

2. **SPRINTS:** Approximately 800 meters completely closed course; level, wide and preferably straight Three sprints per class. First 5 across the line. Points given 7, 5, 3, 2, 1. Redraw to be conducted at the end of each sprint with sufficient rest time between heats. The start shall be standing. All ties after the third heat shall be decided by a head-to-head sprint.
3. **TIME TRIALS (ROAD):** 15 Kilometers (approx. 10 miles) or more, either a circular course or out and return to start. Hold balance at start.
4. **ROAD RACE:** 40 kilometers (approximately 25 miles) or more. It possibly won't be a closed course; therefore, traffic control may be required. For longer races (beyond 40 km), a shorter course may be used for Men 50+ and all Women’s categories.

Sport Equipment

Participants are responsible for bringing their own Bicycle:

- Only multi-gear racing bikes will be allowed in all events (including track).

Scheduling

Scheduled for 4 days of competition. See [Sport Schedule](#) for details.

Sport Rules

Additional Course details will be shared in the Confirmation Letter.

**WPFPG follows [Union Cycliste Internationale \(UCI\) Rules](#)*

Awards

Medals are awarded First through Third Place (1st– 3rd) for each division.



— WORLD —
POLICE & FIRE
— GAMES —

Players Conduct

Any serious violation of conduct, such as fighting or violence toward other participants or officials will result in the participants immediate disqualification from the competition. The sport coordinator shall immediately notify the WPFGF, who will investigate each incident to determine if additional discipline will be imposed.