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Rugby 7s Abridged Rules



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General Information

Guiding Bodies

World Police and Fire Games Federation (WPFGF)
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Tele: (858) 571-9919; E-mail: 4info@cpaf.org

World Rugby
World Rugby House
8-10 Pembroke Street Lower Dublin 2, Ireland
Tel: 00 353 1 240 9200 Fax: 00 353 1 240 9201
info@worldrugby.org www.worldrugby.org

Venue

Maple Grove Park

Entry Deadline

June 15, 2023

Event Information

7 Aside Tournament; Men and Women: 12 person team plus one non-playing coach. A player may compete in only one division and on only one team.

- Men Open (18+):
 - Division I
 - Division II
- Men: 35+
- Men: 45+
- Women Open Only (18+)

*A teams age group is determined by the actual age on the first day of the WPFG of the youngest member of the team.

Active competitors from police, fire and eligible first responder agencies may combine to form a team regardless of agency size **WITHIN A COUNTRY**.

Retired competitors may combine to form a team in any manner they wish with other eligible competitors whether police or fire. This includes cross country lines



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Sporting Equipment

Uniforms will be worn and will conform to World Rugby Standards.

No tear-away jerseys.

No braces containing metal.

Boots may have studs (cleats). They must be circular, securely fastened to the boots and of the following dimensions:

Length (max):	18 mm (measured from sole)
Diameter at base:	13 mm (min.)
Diameter at top:	10 mm (min.)

No steel studs. The wearing of a single stud at the toe is prohibited.

Competition Format

Bracketing

Round Robin (Group Play) followed by a Single Elimination tournament within each age class.

Scheduling

Scheduled for 3 days of competition. See [Sport Schedule](#) for details.

Awards

Medals are awarded First through Third place (1st - 3rd).

Sport Rules

A maximum of 7 players a side will be on the field.

A scrum will consist of 3 players from each team.

The non-playing coach in Rugby, while not an active participant in the game, is critical to the team's preparation for the game as well as planning strategy and the roster.

Each game in group play will be 15 minutes in length. Two 7-minute halves. There will be a 1 minute half-time.



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Semi-final and final matches will be 22 minutes in length (two 10-minute halves). There will be a 2 minute half-time in those matches.

Any player “sent off” by a referee during a game will be barred from further competition in the tournament.

In case of a tie at the end of group play, a winner will be determined by the following:

1. Head to head competition within the group
2. Most points scored in group play
3. Most tries scored in group play
4. Fewest points scored against in group play

In the event of a tie score in the Semi-final or Final matches, a “Sudden Death” overtime period(s) will be played. The match will be restarted and consist of 5 minute periods within a 1 minute break in between to switch sides. These periods will continue until one team scores.

Important: Substituting players from other teams is not permitted. Rolling substitutions will be allowed for all games.

Replacement of players: During a match each team may replace no more than players. A player may be replaced only if he/she is injured. If he/she is replaced, he/she must not return and play in the match. A player with an open or bleeding wound may be temporarily replaced. Medical personnel and/or referee decide if the injury is cause for substitution.

Note: Benches - only players and non-playing coaches registered in the Division will be allowed in the bench area. One warning only a second infraction results in forfeit of the game.

All games will start on time. There will be a five minute grace period allowed before the game is forfeit.

Any event that occurs that is not covered in these rules or in the World Rugby rule book will be decided upon by the tournament committee.



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Poor sportsmanship and/or dangerous play will not be tolerated.

[*WPFG follows World Rugby Official Rules](#)

Pre Competition Meeting

Prior to the start of competition, a meeting will be held between the referees and the captain or coach from each participating team to clarify rules and conduct of play. Details of this meeting will be shared in the Sport Confirmation Letter.

Players Conduct

Any serious violation of conduct, such as fighting or violence toward players or officials will result in the player(s) immediate ejection from that game and his/her automatic suspension from his/her team's next scheduled game. The sport coordinator shall immediately notify the WPFGF, who will investigate each incident to determine if additional discipline will be imposed.