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Swimming



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General Information

Guiding Bodies

World Police and Fire Games Federation (WPFGF)
7944 Convoy Ct., San Diego, CA 92111 USA
Tele. (858) 571-9919; E-MAIL: 4info@cpaf.org

Federation Internationale de Natation Amateur (FINA - Master Rules)
Ave de L'Avant - Poste 4; 1005 Lausanne; Switzerland
Tele: +41.21.310.4710; Fax: 41.21.312.6610; Web-Site: www.fina.org
Carol Zaleski, Technical Committee Chair, E-Mail: czaleski@worldnettt.att.net

Venue

Pan Am Pool

Entry Deadline

July 15, 2023

Events List

Individual:

50 Meter Freestyle	100 Meter Breaststroke
50 Meter Backstroke	200 Meter Freestyle
50 Meter Butterfly	200 Meter Individual Medley
50 Meter Breaststroke	400 Meter Freestyle
100 Meter Freestyle	800 Meter Freestyle
100 Meter Backstroke	1500 Meter Freestyle
100 Meter Butterfly	

4 Person Team Relay (4 x 50):

- 200 Meter Freestyle Relay
- 200 Meter Medley Relay
- 200 Meter Mixed Freestyle Relay
- 200 Meter Mixed Medley Relay



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[“Mixed” is a 4-person relay team with at least one male and one female]

Age Categories

Individual

- Men and Women
 - Age categories: 18 +, 30 +, 35 +, 40 +, 45 +, 50 +, 55 +, 60+, 65+, 70 +, 75+, 80+, 85+

Relay Teams

- Men, Women, & mixed
 - Relay Age Groups are calculated from the total age of team member (in whole years) 80 +/- (72- 99) years, 100+ (100-119) 120+ (120 - 159 years), 160+ (160 - 199 years) 200+ (200 - 239 years), 240+ (240 - 279 years), 280+ (280 - 319), 320 + (320-359 years)

Note: *In individual swimming events, competitors will compete within their actual age category only.*

A relay team will be placed in the appropriate 10 year age category based on the age of the youngest competitor.

Active competitors from police, fire, and eligible first responder agencies may combine to form a team regardless of agency size **WITHIN A COUNTRY**.

Retired competitors may combine to form a team in any manner they wish with other eligible competitors whether police, fire, or eligible first responder. This includes across country lines.

Five (5) Individual Events Maximum: Swimming competitors may enter a total of 5 individual events and may enter any relays for which they are eligible (for example; same gender and mixed in the 200 meter freestyle relay). If a competitor enters all possible relays (4) and individual events (5), the total number of events entered is 9.

Officials

There will be a clerk of the course, assistant to the clerk, and a meet referee present at the event. Starters and disqualifiers will also be present and acting as lane timers.



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Medical

Appropriate medical personnel will be equipped with a defibrillator located at pool side throughout the swimming competition. Basic medical supplies, such as a first aid kit, will be provided. Communications will also be available and preparations made in case it is necessary to summon additional emergency services.

Competition Format

Scheduling

Scheduled for 3 days. See [Sport Schedule](#) for details.

Day One: 400 meter freestyle, 100 meter butterfly, 50 meter breaststroke, 100 meter freestyle and 200 meter freestyle relay.

Day Two: 1500 meter freestyle, 200 meter individual medley, 100 meter backstroke, 100 meter breaststroke and 200 meter mixed freestyle relay

Day Three: 800 meter freestyle, 50 meter butterfly, 200 meter freestyle, 50 meter backstroke, 50 meter freestyle and 200 meter medley relay and mixed medley relay

If an event is scheduled, it will be held even if all but one scratch.

Scratches will be accepted until the meet begins.

Age categories will not be mixed.

Exception: Heats can be combined in an event with few entries in order to provide better competition and speed up the meet.

Meet Type

No-Preliminary Meet

All swimmers compete against the clock.

Heat and lane assignments will be based on the times competitors submit.



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Awards

Medals are awarded first through third place (1st - 3rd).

Awards will be presented to relay teams in 10 year age categories.

Sport Rules

Mandatory Scratch Meeting

A scratch meeting will be scheduled the day before swimming begins. The "Date, Times and Place" will be published in the entry book and confirmation letter. This scratch meeting will be held in close proximity to the WPFG registration area.

No changes or additions for individual events will be allowed at the scratch meeting.

This scratch meeting is mandatory for the following swimmers and relay team captains.

1. All relay team captains (Exception: if a relay team has pre registered and arrives at the blocks exactly as pre registered with the four team members eligible and present, this meeting is recommended but not mandatory.)
2. All registered swimmers who wish to swim on a relay team but have not already been registered on a team.
 - a. **Note:** If a swimmer wishes to swim on a relay, he/she should pre register for that relay as a "**pool entry**" on their original entry form. Pre registered pool entries will be given preference at this meeting. Any swimmer that has not pre registered as a pool entry, and is placed on a relay team at this scratch meeting, will be required to immediately go to the WPFG registration and register and pay for that relay event and return to the scratch meeting with that documentation. **This is the swimmer's responsibility.**

Note: Pre registered swimmers with no changes or additions need not attend the mandatory meeting



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At the conclusion of this scratch meeting, no other changes or additions will be allowed. The final formation of relay teams will be established at the scratch meeting and no changes or additions will be allowed thereafter.

A program of events with swimmers and heat numbers should be printed and distributed or posted for competitors and spectators prior to the event. Do not publish an assigned time for each heat/event since heats may be combined and overall schedule shortened.

Practice: It is beneficial to schedule a practice session in conjunction with a mandatory scratch meeting (the day before the meet) to allow swimmers to familiarize themselves with pool conditions.

Order of Events

Each heat will begin with the oldest swimmers and will end with the youngest swimmers. Each heat will alternate between the women and men and will begin with the women's event. The order of events will start with the oldest women's age category followed by the oldest men's age category followed by the second oldest women's age category followed by the second oldest men's age category etc. and will conclude with the women's open division followed by the men's open division.

**WPFG follows [FINA's Official Rules](#)*

Note: Any changes to the order of events will be approved by the WPFGF director for swimming prior to any publication of events.

Players Conduct

Any serious violation of conduct, such as fighting or violence toward other participants or officials will result in the participants immediate disqualification from the competition. The sport coordinator shall immediately notify the WPFGF, who will investigate each incident to determine if additional discipline will be imposed.