



JO NELSON

LAW ENFORCEMENT-SAN DIEGO SHERIFF, SAN DIEGO STATE UNIV. PD,
DMV INVESTIGATOR, LA JOLLA TRIBAL POLICE
CALIFORNIA DEPT. OF CORRECTIONS

BASKETBALL/TRACK & FIELD/TUG OF WAR
WRIST WRESTLING/VOLLEYBALL

Jo Nelson holds records from 2006 Women's 45-49 Shot Put, 2021 High Jump Women's 60-64 and WPFG Women's 50-54 High Jump set in 2013 Belfast.

Jo has a 45-year career in San Diego law enforcement at the City, County, State and Federal level. Jo has worked as a patrol officer, deputy, detective, narcotics, sex crimes, crime prevention, crime lab DNA unit, GVRO, juvenile and dispatcher. Jo is an FTO, range master, firearms instructor, and field evidence tech. Jo has been an instructor for sexual harassment/EEO, first aid/CPR for first responders and blood borne pathogens, gangs, and crime scene investigations.

Jo has earned 63+ medals competing in the games since 1983. Jo has also earned 12 WPFG medals. Jo is married and has two sons, two grandsons, two granddaughters and a 190 lb English Mastiff. Jo is a 33-year cancer survivor, actively participates in senior women's softball, basketball and master's track and field. Jo supports the games in every way possible.