



MARCELLA PIERSOL

RETIRED LIEUTENANT LAPD

TRACK & FIELD/CYCLING/CROSS COUNTRY/PICKLEBALL

Marcella competed in all versions of the Police and Fire Games from 1990 to the present. In 33 Games Marcella earned 22 Gold Medals and 2 Silver Medals. Marcella is the current record holder for the Women's 50-54 1500M race. Marcella has earned 7 Golds and 2 Silvers in her 3 WPFG appearances.

Marcella is an avid supporter of the games and CPAF. Marcella has volunteered as the follow cyclist for all 3 First Responder Relays. She is happily married to her biggest supporter and spends most of her free time searching for waves to ride in tropical destinations! Marcella has spent the last 18 years as a personal trainer sharing her knowledge and helping others maintain a healthy and active lifestyle! Her favorite saying is "In fitness there is strength!"