



TOMMY HARRIS

RETIRED SERGEANT LASD
(DECEASED)

POWERLIFTING/BODYBUILDING

Competed in 8 California Police Olympics, 10 California Police Summer Games, 5 California Police and Fire Summer Games, 7 Western States Police and Fire Games, and 11 United States Police & Fire Championships. Tommy earned 18 Gold Medals, 11 Silver Medals and 1 Bronze Medal. Tommy was also Head Lifting Judge in TCA at the USPFC and WPGF. Inducted into the USPF-CA Hall of Fame in 2005