

USPFC BENCH PRESS RECORDS THROUGH 2024

BENCH PRESS

MEN

60.0 KG & UNDER (132.25#)

(18+)	2018	N. PADILLA	122.5 KG
(30+)	2010	M. OKUBO	125.0 KG
(35+)	2001	J. FERNANDEZ	110.0 KG
(40+)	2005	S. BLOOMER	112.5 KG
(45+)	2010	S. BLOOMER	115.0 KG

67.5 KG & UNDER (148.75#)

(18+)	2000	M. ARMISTEAD	190.0 KG
(30+)	2000	J. ARNDT	132.5 KG
(30+)	2021	R. BLOOM	132.5 KG
(35+)	2011	M. OKUBO	145.0 KG
(40+)	2016	M. OKUBO	145.0 KG
(45+)	2013	H. MEJIA	130.0 KG
(50+)	2022	D. PINEDA	127.5 KG
(55+)	2018	M. OZAKI	127.5 KG
(60+)	2019	M. OZAKI	115.0 KG
(65+)	2024	M. OZAKI	115.0 KG

75.0 KG & UNDER (165.25#)

(18+)	2002	R. KHOSHABA	190.0 KG
(30+)	2002	D. PINEDA	160.0 KG
(35+)	2007	D. PINEDA	160.0 KG
(40+)	2009	D. PINEDA	165.0 KG
(45+)	2004	M. INGWERSON	157.5 KG
(50+)	2009	M. OZAKI	152.5 KG
(55+)	2016	M. OZAKI	142.5 KG
(60+)	2023	J. A'VANT	132.5 KG
(65+)	2024	G. HIRATA	117.0 KG
(70+)	2014	T. VIGEN	115.0 KG
(75+)	2018	E. MAGIN	85.0 KG
(80+)	2016	J. GALLAGHER	85.0 KG

82.5 KG & UNDER (181.75#)

(18+)	2023	R. RIVERA	170.0 KG
(30+)	2018	R. TRAMEL	182.5 KG
(35+)	2002	M. ALLEN	172.0 KG
(40+)	2014	A. CARAGAN	165.0 KG
(45+)	2010	T. HARRIS	177.5 KG
(50+)	2018	R. BUDD	162.5 KG
(55+)	2018	J. DOBIE	160.0 KG
(60+)	2004	T. VIGEN	142.5 KG
(65+)	2008	T. VIGEN	145.0 KG
(70+)	2011	T. VIGEN	140.0 KG
(75+)	2015	T. VIGEN	125.0 KG
(80+)	2021	C. JOHNSON	60.0 KG

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90.0 KG & UNDER (198.25#)

(18+)	2000	R. SAPIEN	205.0 KG
(30+)	2022	B. MARSHALL	187.5 KG
(35+)	2003	J. BRUNO	192.5 KG
(40+)	2013	S. MORGAN	185.0 KG
(45+)	2012	J. JOYCE	192.5 KG
(50+)	2016	J. JOYCE	182.5 KG
(55+)	2006	T. VIGEN	162.5 KG
(60+)	2003	T. VIGEN	162.5 KG
(65+)	2005	T. VIGEN	165.0 KG
(70+)	2012	T. VIGEN	142.5 KG
(75+)	2016	T. VIGEN	137.5 KG
(80+)	2019	E. MAGIN	100.0 KG

100.0 KG & UNDER (220.25#)

(18+)	2000	A. FRANCO	227.5 KG
(30+)	2008	S. CHRISTIANSEN	202.5 KG
(35+)	2023	T. DURHAM	197.5 KG
(40+)	2016	M. PORTILLO	205.0 KG
(45+)	2024	M. PORTILLO	185.0 KG
(50+)	2018/19	J. MAHAFFEY	177.5 KG
(55+)	2004	L. WAGNER	165.0 KG
(60+)	2013	H. CHAVES	160.0 KG
(65+)	2016	H. CHAVES	152.5 KG
(70+)	2021	H. CHAVES	147.5 KG
(75+)	2012	C. GOURLEY JR	132.5 KG

110.0 KG & UNDER (242.50#)

(18+)	2004	T. SOUZA	212.5 KG
(30+)	2009	N. LANE	237.5 KG
(35+)	2024	B. COHEN	210.0 KG
(40+)	2019	M. PORTILLO	227.5 KG
(45+)	2018	D. LAMBERT	215.0 KG
(50+)	2001	K. MCBRIDE	200.0 KG
(55+)	2001	T. TURNER	170.0 KG
(60+)	2015	J. POLDER	165.0 KG
(65+)	2009	J. McDANIEL	130.0 KG
(75+)	2016	R. SHIELDS	92.5 KG

125.0 KG & UNDER (275.50#)

(18+)	2004	J. SANTILLAN	220.0 KG
(30+)	2004	A. FRANCO	255.0 KG
(35+)	2007	A. GALAFATE	237.5 KG
(40+)	2012	A. GALAFATE	227.5 KG
	Tie 2016	D. JOHNSON	227.5 KG
(45+)	2006	G. SONODA	205.0 KG
(50+)	2016	C. DODSON	197.5 KG
(55+)	2015	D. FORSMAN	200.0 KG
(60+)	2022	R. SCHAAP	175.0 KG
(65+)	2022	J. POLDER	162.5 KG

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OVER 125.0 KG (275.50#)

(18+)	2000	L. SCIMECA	285.0 KG
(30+)	2019	J. COOPER II	250.0 KG
(35+)	2006	A. HACKER	235.0 KG
(40+)	2003	C. SANDERS	240.0 KG
(45+)	2019	D. ALVAREZ	227.0 KG
(50+)	2013	D. FORSMAN	202.5 KG
(55+)	2022	D. HARDIN	197.5 KG
(60+)	2021	R. SCHAAP	180.0 KG
(65+)	2015	W. BRAKE	100.0 KG

WOMEN

44 KG & UNDER (97#)

(18+)	NO RECORD
(30+)	NO RECORD
(40+)	NO RECORD
(50+)	NO RECORD
(60+)	NO RECORD
(70+)	NO RECORD

48 KG & UNDER (105.75#)

(18+)	NO RECORD
(30+)	NO RECORD
(40+)	NO RECORD
(50+)	NO RECORD
(60+)	NO RECORD
(70+)	NO RECORD

52.0 KG & UNDER (114.50#)

(18+)	2000	D. ARNDT	87.5 KG
(30+)	2002	D. ARNDT	85.0 KG
(40+)	2001	L. VIERA	52.5 KG
(50+)	NO RECORD		
(60+)	NO RECORD		
(70+)	NO RECORD		

56.0 KG & UNDER (123.50#)

(18+)	2001	D. ARNDT	95.0 KG
(30+)	2019	G. NEELD	75.0 KG
(40+)	2005	C. CANRIGHT	87.5 KG
(50+)	2001	D. LIND	52.5 KG
(60+)	NO RECORD		
(70+)	NO RECORD		

60.0 KG & UNDER (132.25#)

(18+)	2009	J. LOUIS	65.0 KG
(30+)	2000	M. WASHINGTON	70.0 KG
(40+)	2002	K. BRADLEY	80.0 KG
(50+)	2024	J. RICCI	52.5 KG
(60+)	NO RECORD		
(70+)	NO RECORD		

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67.5 KG & UNDER (148.75#)

(18+)	2007	J. SEKERA	95.0 KG
(30+)	2024	M. MILLER	95.0 KG
(40+)	2010	L. PIOTROWSKI	90.0 KG
(50+)	2011	K. BRADLEY	72.5 KG
(60+)	NO RECORD		
(70+)	NO RECORD		

75.0 KG & UNDER (165.25#)

(18+)	2009	J. SEKERA	95.0 KG
(30+)	2003	K. TONI	102.5 KG
(40+)	2010	S. BALDWIN	132.5 KG
(50+)	2021	S. PAULSON	77.5 KG
(60+)	NO RECORD		
(70+)	NO RECORD		

82.5 KG & UNDER (181.75#)

(18+)	2021	T. CIOCCIA	120.0 KG
(30+)	2024	T. CIOCCIA	137.5 KG
(40+)	2003	N. ALLEN	85.0 KG
(50+)	2000	M. VEAVEA	82.5 KG
(60+)	2014/2016	P. CARTER	67.5 KG
(70+)	NO RECORD		

90.0 KG & UNDER (198.25#)

(18+)	2018	K. RIVERA	110.0 KG
	2024	A. MORRIS	110.0 KG
(30+)	2010	A. HUEY	92.5 KG
(40+)	2015	P. BRAENDLE	92.5 KG
(50+)	2024	P. BRAENDLE	87.5 KG
(60+)	NO RECORD		
(70+)	NO RECORD		

OVER 90.0 KG (198.25#)

(18+)	2023	A. MORRIS	100 KG
(30+)	2024	K. SCHUMACHER	90.0 KG
(40+)	2005	D. MYERS	112.5 KG
(50+)	2021	H. SNODGRASS	55.0 KG
(60+)	2014	P. REIS	42.5 KG
(70+)	NO RECORD		