

CYCLING - Street Bike - 2025 - Page 1

GUIDING BODIES

World Police and Fire Games Federation (WPFGF)
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EVENTS

INDIVIDUAL: MEN and WOMEN

Men's and Women's Individual events will be offered in the following age categories:

18 - 29	50 - 54
30 - 34	55 - 59
35 - 39	60 - 64
40 - 44	65 -69
45 - 49	70 +

Entry Deadline: June 10, 2025

DESCRIPTION OF EVENTS:

NOTE: Events listed below may be omitted due to the unavailability of suitable venues with approval of WPFGF

1. **SPRINTS:** Approximately 800 meters completely closed course; level, wide and preferably straight Three sprints per class. First 5 across the line. Points given 7, 5, 3, 2, 1. Redraw to be conducted at the end of each sprint with sufficient rest time between heats. The start shall be standing. All ties after the third heat shall be decided by a head-to-head sprint.

2. **TIME TRIALS (ROAD):** 15 Kilometers (approx. 10 miles) or more, either a circular course or out and return to start. Hold balance at start.

3. **CRITERIUM:** Consists of a mass start per age group/s on a multi-lap event contested on a closed course for public safety and the safety of the athletes. The laps are typically a mile or less and include 4-6 corners. The course can be either circuitous or square blocks depending on the Host's venue and subject to the WPFGF's approval.

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The race distance should be approximately 15-30 km (10-20 miles). Successful events have run the Men's 18 through 49 for 35-45 minutes, including the final 5 laps. All Men 50+ and all Women's categories were run for 35 minutes, including the final 5 laps.

4. **ROAD RACE:** 40 kilometers (approximately 25 miles) or more. It possibly won't be a closed course; therefore, traffic control may be required. For longer races (beyond 40 km), a shorter course may be used for Men 50+ and all Women's categories.

5. **HILL CLIMB:** This course is a constantly climbing uphill course of 2 miles (3 km) or less. Course will be clean of obstacles and other debris. Cyclists will be released onto the course in one (1) minute intervals. There will be no support for cyclists or equipment in this event.

EQUIPMENT

Miscellaneous equipment: Stop watches, clipboards, pencils, etc. for scoring and results.

Video cameras are useful at the Finish Line in many cycling events.

GENERAL SPORT RULES for Cycling - Street

Only multi-gear racing bikes will be allowed in all events (including track).

Host will notify competitors of the types of course to be offered.

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AWARDS

Medals are awarded First through Third Place (1st – 3rd). A maximum of 100 sets of medals for the Individual events. WPFGF will advise you of the number of sets needed based on total entries, plus a reasonable margin.

ATTENTION COORDINATORS

**THE WPFG GENERAL RULES APPLY TO ALL SPORTS.
YOU MUST BE FAMILIAR WITH ITS CONTENTS.**

**PRECISE RESULTS MUST BE FORWARDED
TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE
CONCLUSION OF THIS SPORT**

The WPFGF Director assigned to your sport is knowledgeable and experienced in providing assistance during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the WPFGF shall be submitted in a timely manner to this WPFGF Director.

The WPFGF Directors want to work with you to make your sport a success.

PLEASE USE THE WPFGF DIRECTORS AS A RESOURCE.