



## 2025 US Police & Fire Championships Cross Country

Welcome to the United States Police & Fire Championships. This letter serves as your Final Confirmation of your participation in Cross Country. Cross Country is scheduled for Monday, June 2<sup>nd</sup> at Morley Field Sports Complex located at 2221 Morley Field Dr., San Diego, CA 92104. The Guiding Bodies are the United States Police & Fire Championships and the USA Track & Field Rules.

### Conduct Expected of ALL Participants:

Drinking of alcoholic beverages, unlawful consumption of controlled substances, and gambling is prohibited while competing. Unsportsmanlike conduct will not be condoned either before, during, or after competition. Any physical or verbal assaults on officials, competitors, spectators, coordinators or ex-officios will be met **with IMMEDIATE AND SEVERE PENALTIES**, including **EXPULSION** from these and future United States Police & Fire Championships.

### Registration:

Each Entrant must register in person at Registration Headquarters at the Marriot Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108 . **AGENCY IDENTIFICATION REQUIRED.**

### REGISTRATION HOURS:

| Date              | Open    | Close    |
|-------------------|---------|----------|
| Friday, May 30    | 3:00 PM | 8:00 PM  |
| Saturday, May 31  | 6:30 AM | 6:00 PM  |
| Sunday, June 1    | 6:30 AM | 8:00 PM  |
| Monday, June 2    | 6:30 AM | 6:00 PM  |
| Tuesday, June 3   | 6:30 AM | 5:00 PM  |
| Wednesday, June 4 | 6:30 AM | 6:00 PM  |
| Thursday, June 5  | 6:30 AM | 6:00 PM  |
| Friday, June 6    | 6:30 AM | 6:00 PM  |
| Saturday, June 7  | 6:30 AM | 10:00 AM |

### VENUE:

Morley Field Sports Complex, 2221 Morley Field Dr., San Diego, CA 92104

### Competition:

Check-in begins at 8:00 AM

Competition begins at 8:45 AM Both Men and Women

You must show BOTH your Participant Pass and Agency ID at check-in.

Cross Country will consist of a 6-kilometer race with Individual and Team categories. A Team consists of a maximum of 4 runners (best 3 scores to count). At least 3 team competitors must complete the course to be eligible for a Team medal. Competitors must enter the Individual event to be eligible for the Team Event. This is a tough course a map will be sent to you by the Coordinator.

Weigh-in for weighted competitors will be held on-site the day of competition.

### Sport Rules:

Please refer to our website at [www.uspfc.org](http://www.uspfc.org)

For additional information, please contact the Sport Director Chuck Foote at [cfoote@cpaf.org](mailto:cfoote@cpaf.org)

### Just A Note:

All athletes are invited to the Athletes' Welcome Reception, Monday, June 2<sup>nd</sup> from 6-8 PM; outside the West lawn at the Marriot Mission Valley, 8757 Rio San Diego Dr, San Diego, CA 92108 . Join us for food, fun, music and camaraderie.

As an athlete, you are aware that it takes volunteers to assist in putting on the United States Police & Fire Championships. We are counting down the days to our event, and we are looking for some great volunteers. For more information, contact Nicole Matthews at [nmatthews@cpaf.org](mailto:nmatthews@cpaf.org)

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