

ALL STATE GAMES PUSH-PULL RECORDS THROUGH 2025

PUSH-PULL LIFTING					
MEN					
	YEAR	NAME	BENCH	DEADLIFT	TOTAL
56 KG & UNDER (123.50#)					
(18+)	NO RECORD				
(30+)	NO RECORD				
(35+)	2019	R. BLOOM	77.5	115	192.5
(40+)	NO RECORD				
(45+)	NO RECORD				
(50+)	NO RECORD				
(55+)	NO RECORD				
(60+)	NO RECORD				
(65+)	NO RECORD				
60 KG & UNDER (132.25#)					
(18+)	2006	S. SHEKLANIAN	110.0	182.5	292.5
(30+)	NO RECORD				
(35+)	NO RECORD				
(40+)	NO RECORD				
(45+)	NO RECORD				
(50+)	NO RECORD				
(55+)	NO RECORD				
(60+)	NO RECORD				
(65+)	NO RECORD				
67.5 KG & UNDER (148.75#)					
(18+)	2011	S. SHEKLANIAN	132.5		342.5
	2023	S. DALY		230.0	
(30+)	2012	N. LAWRY	117.5	185.0	302.5
(35+)	2015	N. LAWRY		195.0	320.0
	2016	J. HARRIS	132.5		
	2021	R. BLOOM	132.5		
(40+)	2018	N. LAWRY	127.5	195	322.5
(45+)	2023	N. LAWRY	122.5	207.5	330.0
(50+)	2021	D. PINEDA	127.5	140	267.5
(55+)	2010	V. LAWS	85.0	120.0	205.0
(60+)	2011	V. LAWS	90.0	130.0	220.0
(65+)	2018	V. LAWS	65	125	190
75 KG & UNDER (165.25#)					
(18+)	2009	D. PINEDA			365.0
	2012	K. CHESTER	167.5		
	2022	J. DOAN		227.5	
(30+)	2002	D. PINEDA	162.5		
	2019	A. O'HARA		217.5	347.5

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(35+)	2007	D. PINEDA	155.0		
	2015	B. SATTLER		220.0	357.5
(40+)	2001	J. SERMENO JR		202.5	340.0
	2025	J. BLOOM		155.0	
(45+)	2005	J. SERMENO JR		200.0	
	2012	G. BAKER			332.5
	2018	C. AKE	145		
(50+)	2022	G. BAKER	132.5 TIE		
	2018	A. GARCIA		210	
	2022	D. PINEDA			315
	2022	D. PINEDA	132.5 TIE		
(55+)	2024	D. PINEDA	137.5	187.8	325
(60+)	2014	V. LAWS	90.0	110.0	200.0
(65+)	2019	V. LAWS	112.5	160	272.5
(70+)	2024	R. OWEN	107.5	165.0	272.5
(75+)	2018	E. MAGIN	90		205
	2023	G. MULLENDORE		120	
(80+)	2016	J. GALLAGHER	82.5	140.0	222.5
82.5 KG & UNDER (181.75#)					
(18+)	2013	R. KING	175.0	265.0	440.0
(30+)	2019	S. MAGUIRE		265.0	422.5
	2018	D. FISK	172.5		
(35+)	2002	R. VOS	147.5	227.5	375.0
(40+)	2000	R. KEMBLOWSKI	157.5		410.0
	2001	R. KEMBLOWSKI		257.5	
(45+)	2006	R. KEMBLOWSKI	142.5	250.0	392.5
(50+)	2016	J. DELEON		212.5	
	2018	W. GOUDEY	147.5		
	2023	D. YOURKOSKI			340
(55+)	2018	R. SOTO	132.5	227.5	360
(60+)	2013	R. OWEN	125.0	205.0	330.0
(65+)	2018	J. KILLIN		182.5	
	2021	R. OWEN	110		290
(70+)	2016	G. MULLENDORE		147.5	237.5
	2025	R. OWEN	92.5		
(75+)	2016	E. MAGIN	87.5		
	2022	G. MULLENDORE		142.5	227.5
(80+)	2019	F. HUNTER	62.5		
	2021	F. HUNTER		105	165
90 KG & UNDER (198.25#)					
(18+)	2015	R. KING	190.0		472.5
	2021	G. COBB		297.5	
(30+)	2010	J. YOURKOSKI		282.5	445.0

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	2002	O. PHILLIPS	185.0		
(35+)	2000	J. BRUNO		272.5	457.5
	2000	D. TAYLOR	190.0		
(40+)	2006	G. HORIKIRI	180.0		
	2025	T. KUEY		277.5	435.0
(45+)	2019	J. SMITH		265.0	427.5
	2018	J. MASTERSON	170		
(50+)	2012	R. KEMBLOWSKI		260.0	
	2021	J. SMITH	160		405
(55+)	2014	R. KEMBLOWSKI		252.5	
	2022	R. CREGER	160		390
(60+)	2006	L. HERNANDEZ		230.0	
	2015	R. OWEN	132.5		
	2016	K. DININO			355.0
	2022	R. KEMBLOWSKI		230 TIE	
(65+)	2019	R. OWEN	135.0		
	2011	L. HERNANDEZ		245.0	
	2019	R. OWEN			347.5
(70+)	2022	R. OWEN	125	187.5	312.5
(80+)	2019	E. MAGIN	92.5	122.5	215.0
<u>MEN</u>					
	YEAR	NAME	BENCH	DEADLIFT	TOTAL
100 KG & UNDER (220.25#)					
(18+)	2018	R. KING	205	320	525
(30+)	2000	F. MARTINEZ		287.5	
	2000	R. HALE	167.5		
	2001	J. REVELLE			452.5
(35+)	2002	F. MARTINEZ		295.0	
	2023	T. DURHAM	212.5		450
(40+)	2019	J. YOURKOSKI		325	495.0
	2005	C. DODSON	192.5		
(45+)	2001	M. MUSTO		290.0	475.0
	2003	M. MUSTO	187.5		
(50+)	2006	M. MUSTO	175.0		447.5
	2007	M. MUSTO		277.5	
(55+)	2010	M. MUSTO	160.0	267.5	427.5
(60+)	2016	M. MUSTO	152.5	260.0	412.5
(65+)	2018	R. OWEN	132.5	212	345
(70+)	2019	C. WRIGHT	112.5	185.0	297.5
110 KG & UNDER (242.50#)					
(18+)	2015	G. LOPEZ	215.0	305.0	520.0
(30+)	2015	A. BRAKE		295.0	
	2023	L. DURHAM	200		480
(35+)	2016	G. TRACY			505.0

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	2019	V. VITALE	302.5		
	2023	B. COHEN	207.5		
(40+)	2019	E. TRACY	297.5	497.5	
	2018	M. PORTILLO	215		
(45+)	2011	F. MARTINEZ	320.0	490.0	
	2012	C. DODSON	205.0		
(50+)	2012	Z. CLARK	265.0	445.0	
	2015	C. DODSON	190.0		
(55+)	2014	J. EGAN	165.0	265.0	430.0
(60+)	2010	R. PAGAL	207.5	337.5	
	2007	J. WOODALL	145.0		
(65+)	2011	R. PAGAL	132.5	207.0	340.0
(70+)	2014	J. TRACY	83.5	102.5	185.0

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MEN					
	YEAR	NAME	BENCH	DEADLIFT	TOTAL
125 KG & UNDER (275.50#)					
(18+)	2016	G. LOPEZ	217.0		525.0
	2012	W. ROBINSON		320.0	
(30+)	2018	M. SANER	210	310	520
(35+)	2006	A. GALAFATE	227.5		
	2003	K. SCOTT			450.0
	2021	S. THOMPSON		267.5	
(40+)	2012	A. GALAFATE	220.0		
	2022	J. THOMAS		305	
	2025	S. WESTERFIELD			490
(45+)	2012	F. MARTINEZ		312.5	487.5
	2005	K. SCOTT	197.5		
(50+)	2006	K. WISE		320.0	475.0
	2016	D. MONAHAN	200.0		
(55+)	2015	D. FORSMAN	197.5	257.5	455.0
(60+)	2002	R. BERENDSEN		200.0	325.0
	2009	D. MEYER	135.0		
(65+)	2022	D. LICAVOLI	142.5	207.5	350
OVER 125 KG (275.50#)					
(18+)	2009	A. GALAFATE	227.5		490.0
	2019	F. ACOSTA		287.5	
(30+)	2002	P. LEONARD		332.5	
	2022	F. ACOSTA	207.5		502.5
(35+)	2005	A. GALAFATE	237.5		
	2007	A. GALAFATE			472.5
	2025	T. BURNS		275.0	
(40+)	2001	C. SANDERS	237.5		530.0
	2024	B. BRAY		302.5	
(45+)	2004	C. SANDERS	220.0		485.0
	2025	J. THOMAS		305	
(50+)	2011	D. FORSMAN		255.0	427.5
	2011	R. SCHAAP	182.5		
(55+)	2025	P. FRIESEN		227.5	
	2022	C. DODSON	182.5		392.5
(60+)	NO RECORD				
(65+)	NO RECORD				

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WOMEN					
	YEAR	NAME	BENCH	DEADLIFT	TOTAL
44 KG & UNDER (97.00#)					
(18+)	NO RECORD				
(30+)	NO RECORD				
(40+)	NO RECORD				
(50+)	NO RECORD				
48 KG & UNDER (105.75#)					
(18+)	NO RECORD				
(30+)	NO RECORD				
(40+)	NO RECORD				
(50+)	NO RECORD				
52 KG & UNDER (114.50#)					
(18+)	NO RECORD				
(30+)	NO RECORD				
(40+)	NO RECORD				
(50+)	NO RECORD				
56 KG & UNDER (123.50#)					
(18+)	2018	A. HARADA	55	115	170
(30+)	2019	G. NEELD	77.5	125.0	202.5
(40+)	2005	C. CANRIGHT	52.5	112.5	165.0
(50+)	NO RECORD				
60 KG & UNDER (132.25#)					
(18+)	2016	G. SAELEE	62.5		
	2021	J. TRAN	62.5	147.5	210
(30+)	2000	R. MILES	65.0		
	2001	R. MILES		132.0	197.0
(40+)	2002	R. CANALE-MILES		135.0	200.0
	2009	K. BRADLEY	72.5		
(50+)	2012	R. CANALE-MILES	57.5	122.5	180.0
67.5 KG& UNDER (148.75#)					
(18+)	2002	K. MORY	87.5		322.5
	2025	J. SOWERS		162.5	
(30+)	2014	M. DAVIS			237.5
	2012	L. DAVIS		160.0	
	2014	C. VAN BRANDE	82.5		
(40+)	2007	K. BRADLEY	82.5		
	2019	S. PAULSON		137.5	217.5
(50+)	2010	J. WILTSHIRE		130.0	197.5

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2011	K. BRADLEY	70.0

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WOMEN					
	YEAR	NAME	BENCH	DEADLIFT	TOTAL
75.0 KG & UNDER (165.25#)					
(18+)	2006	J. SEKERA	92.5		
	2019	S. LIONUDAKIS			250.0
	2022	G. GRANT		167.5	
(30+)	2022	S. LIONUDAKIS	90	182.5	272.5
(40+)	2010	S. BALDING	122.5	192.5	315.0
(50+)	2021	S. PAULSON	77.5	135	212.5
82.5 KG & UNDER (181.75#)					
(18+)	2021	T. CIOCCIA	125	192.5	317.5
(30+)	2023	T. CIOCCIA	132.5	215	347.5
(40+)	2000	M. VEAVEA	82.5		
	2002	G. LEWIS		142.5	222.5
(50+)	2012	P. CARTER	65.0		
	2021	M. ALVARADO		132.5	192.5
90 KG & UNDER (198.25#)					
(18+)	2018	S. AULIK	85	160	245
(30+)	2009	P. BRAENDLE	92.5		217.5
	2024	M. SIMMERS		140.0	
(40+)	2019	P. BRAENDLE	87.5	137.5	225.0
(50+)	NO RECORD				
OVER 90 KG (198.25#)					
(18+)	2005	A. MORRIS	117.5	215.0	332.5
(30+)	2018	K. GARCIA	97.5	175	272.5
(40+)	2015	K. KIRK	92.5	137.5	230.0
(50+)	2021	H. SNODGRASS	57.5		137.5
	2024	C. TUCKER		100.0	