

USPFC SWIMMING RECORDS THROUGH 2025

SWIMMING

50 YARD FREESTYLE

MEN

(18+)	J. SCOTT		25.35	2024
(30+)	J. JACKSON	HOWARD CO. PD-MD	22.07	2022
(35+)	B. KELLEY		22.34	1997
(40+)	I. PALMER	SAN DIEGO FIRE-CA	24.66	2022
(45+)	T. JOHNSON	FRESNO PD-CA	21.58	2025
(50+)	J. VIALOVOS	CA HIGHWAY PATROL	27.75	2023
(55+)	P. HENNE		25.89	2002
(60+)	D. BARKER	VERNON FIRE DEPT-CA	26.91	2023
(65+)	W. SIEGLING Jr		31.72	2004
(70+)	W. BERRY	CALIFORNIA STATE PARKS	27.53	2022
(75+)	R. McMEEKIN	LOS ANGELES PD-CA	42.70	2011
(85+)	NO RECORD			

WOMEN

(18+)	S. GRAHAM		28.34	2024
(30+)	B. TAVAJAIA		28.02	2024
(35+)	K. ADAMS		25.48	2009
(40+)	J. MARTIN	PEMBROKE PINES PD-FL	25.19	2022
(45+)	B. HELD		27.83	2000
(50+)	J. VALOSEK	SAN JOSE PD-CA	32.10	2025
(55+)	K. WHITE		37.66	2001
(65+)	K. WHITE		43.91	2011
(70+)	M. MOREY	SAN JOSE FIRE-CA	34.55	2022
(75+)	NO RECORD			
(85+)	NO RECORD			

50 YARD BACKSTROKE

MEN

(18+)	C. MARTINEZ	LOS ANGELES PD-CA	35.47	2023
(35+)	T. WATTS	CUS SAN FRANCISCO	24.00	2025
(45+)	C. COSTA		30.36	2009
(50+)	J. VIALOVOS	CA HIGHWAY PATROL	35.87	2023
(55+)	P. HENNE		30.70	2002
(60+)	D. BARKER	VERNON FIRE DEPT-CA	33.33	2023
(65+)	H. RHOADS JR	CA DEPT OF JUSTICE	34.95	2012
(70+)	W. BERRY	CALIFORNIA STATE PARKS	41.74	2022
(75+)	NO RECORD			
(85+)	NO RECORD			

WOMEN

(35+)	K. ADAMS		29.86	2009
(40+)	J. MARTIN	PEMBROKE PINES PD-FL	30.72	2022
(45+)	B. HELD		36.28	2000
(50+)	J. VALOSEK	SAN JOSE PD-CA	45.67	2025
(55+)	K. WHITE		49.76	2001
(65+)	K. WHITE		55.08	2010
(75+)	NO RECORD			
(85+)	NO RECORD			

USPFC SWIMMING RECORDS THROUGH 2025

50 YARD BUTTERFLY

MEN

(18+)	J. SCOTT	28.00	2024
(30+)	T. WATTS	22.95	2025
(35+)	F. JESTER	24.68	2000
(40+)	I. PALMER	27.61	2022
(45+)	D. CUNNIFF	25.47	2009
(50+)	B. HALLE	33.03	2023
(55+)	D. LACHASSE	28.29	2012
(65+)	A. GROH	36.49	1998
(70+)	W. BERRY	34.36	2022
(75+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(18+)	S. GRAHAM	31.11	2024
(35+)	K. ADAMS	27.53	2009
(40+)	J. MARTIN	28.41	2022
(45+)	B. HELD	30.41	2001
(50+)	J. VALOSEK	41.10	2025
(55+)	NO RECORD		
(65+)	NO RECORD		
(70+)	M. MOREY	40.88	2022
(75+)	NO RECORD		
(85+)	NO RECORD		

50 YARD BREASTSTROKE

MEN

(30+)	S. MURILLO	32.34	2025
(35+)	T. WATTS	27.73	2025
(45+)	D. BARKER	30.37	2009
(50+)	K. LEVERONI	35.00	2022
(55+)	D. UGARKOVICH	32.53	2003
(60+)	R. DAVENPORT	33.79	2024
(65+)	R. PASQUA	37.86	2000
(75+)	J. ROGERS	59.61	2022
(85+)	NO RECORD		

WOMEN

(18+)	C. CONRAD	37.19	2023
(35+)	E. WIMER	34.17	1997
(40+)	J. MARTIN	33.26	2022
(45+)	D. JONES	43.00	2010
(50+)	J. VALOSEK	46.80	2025
(55+)	K. WHITE	57.75	2004
(65+)	K. WHITE	59.81	2011
(70+)	M. MOREY	44.61	2022
(75+)	NO RECORD		
(85+)	NO RECORD		

100 YARD FREESTYLE

MEN

(18+)	B. PON	50.92	2023
(30+)	S. GRUGER	51.59	2022
(35+)	J. OTSUKI	49.78	2000
(40+)	N. POINTER	54.90	2024
(45+)	D. CUNNIFF	49.64	2009

USPFC SWIMMING RECORDS THROUGH 2025

(50+)	J. VIALOVOS	1:00.83	2023
(55+)	P. GLASGOW	58.26	2003
(60+)	D. BARKER	57.40	2024
(65+)	R. PASQUA	1:09.89	2000
(70+)	W. BERRY	1:04.51	2022
(75+)	M. CROSHIER	1:46.90	2009
(85+)	NO RECORD		

WOMEN

(18+)	S GRAHAM	1:04.02	2024
(35+)	B. TAVAJIAN	1:04.50	2024
(40+)	J. MARTIN	54.19	2025
(45+)	B. HELD	1:01.88	2000
(50+)	D. LARKIN	1:13.36	2023
(55+)	NO RECORD		
(65+)	NO RECORD		
(75+)	NO RECORD		
(85+)	NO RECORD		

100 YARD BACKSTROKE

MEN

(18+)	R. DALTORIO	1:16.07	2022
(30+)	NO RECORD		
(35+)	M. RINZLER	54.50	2006
(40+)	NO RECORD		
(45+)	D. BARKER	1:04.70	2008
(50+)	J. GOOLSBY	1:29.87	2022
(55+)	P. HENNE	1:07.76	2002
(60+)	D. BARKER	1:10.76	2024
(65+)	C. MUEHLEISEN	1:14.41	2024
(75+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(35+)	K. STANSFIELD	1:08.49	1999
(40+)	M. RUEDA	1:09.79	2022
(45+)	K. CLIFFORD	1:14.24	2012
(55+)	NO RECORD		
(65+)	NO RECORD		
(75+)	NO RECORD		
(85+)	NO RECORD		

100 YARD BUTTERFLY

MEN

(35+)	M. RINZLER	53.39	2006
(45+)	R. STRATE	59.50	2011
(55+)	B. WOLFE III	1:17.66	2010
(60+)	J. OVERSTREET	1:14.28	2025
(65+)	A. GROH	1:41.22	1998
(75+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(35+)	D. WARD	1:09.57	2001
(40+)	M. RUEDA	1:15.39	2023
(45+)	B. HELD	1:09.48	2001
(50+)	D. LARKIN	1:30.36	2022
(55+)	NO RECORD		

USPFC SWIMMING RECORDS THROUGH 2025

(65+)	NO RECORD
(75+)	NO RECORD
(85+)	NO RECORD

USPFC SWIMMING RECORDS THROUGH 2025

100 YARD BREASTSTROKE

MEN

(30+)	M. FABIAN	1:13.59	2024
(35+)	R. DAVENPORT	1:06.09	2000
(45+)	D. BARKER	1:07.68	2008
(50+)	B. HALLE	1:23.32	2023
(55+)	F. OTT	1:14.99	2006
(60+)	D. BARKER	1:14.32	2025
(65+)	H. KYLE	1:52.25	2001
(75+)	M. CROSHIER	2:83.03	2009
(85+)	NO RECORD		

WOMEN

(35+)	E. WIMER	1:18.76	1997
(40+)	J. MARTIN	1:14.66	2022
(45+)	C. NORDYKE	1:30.93	2025
(55+)	NO RECORD		
(65+)	NO RECORD		
(75+)	NO RECORD		
(85+)	NO RECORD		

100 YARD INDIVIDUAL MEDLEY

MEN

(18+)	J. SCOTT	1:10.90	2024
(30+)	M. FABIAN	1:04.74	2024
(35+)	T. WATT	54.19	2025
(45+)	D. BARKER	1:00.58	2009
(50+)	B. HALLE	1:19.70	2023
(55+)	D. BARKER	1:08.32	2025
(60+)	J. SERRANO	1:25.95	2024
(65+)	C. MUEHLEISEN	1:16.52	2024
(75+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(18+)	S. GRAHAM	1:23.43	2024
(35+)	E. WIMER	1:05.91	1996
(40+)	J. MARTIN	1:06.73	2023
(45+)	B. HELD	1:13.53	2000
(50+)	D. LARKIN	1:22.38	2022
(55+)	NO RECORD		
(65+)	NO RECORD		
(70+)	M. MOREY	1:32.93	2022
(75+)	NO RECORD		
(85+)	NO RECORD		

200 YARD INDIVIDUAL MEDLEY

MEN

(30+)	M. FABIAN	2:24.94	2024
(35+)	W. SCHROEDER	1:55.91	1994
(45+)	D. BARKER	2:22.10	2012
(55+)	D. UGARKOVICH	2:28.01	2003
(65+)	C. MUEHLEISEN	2:59.50	2024
(75+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(35+)	L. SOPHIE	2:34.26	2025
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USPFC SWIMMING RECORDS THROUGH 2025

(40+)	M. RUEDA	2:33.26	2023
(45+)	S. CRAIG	3:04.24	2025
(55+)	NO RECORD		
(65+)	NO RECORD		
(75+)	NO RECORD		
(85+)	NO RECORD		

200 YARD FREESTYLE

MEN

(18+)	B. PON	1:49.02	2023
(30+)	N. CALHOUN	1:59.11	2023
(35+)	J. NIELSEN	1:50.37	2002
(45+)	D. CUNNIFF	1:49.59	2009
(50+)	J. VIALOVOS	2:18.62	2023
(55+)	P. GLASGOW	2:11.56	2003
(60+)	D. BARKER	2:18.64	2024
(65+)	A. GROH	2:50.48	2000
(70+)	W. HAYES	3:06:94	2025
(75+)	M. CROSHIER	4:17.45	2011
(85+)	NO RECORD		

WOMEN

(35+)	T. HUGHES	2:11.31	2022
(40+)	J. MARTIN	2:11.31	2023
(45+)	B. HELD	2:13.86	2001
(50+)	D. LARKIN	2:27.31	2023
(55+)	NO RECORD		
(65+)	NO RECORD		
(75+)	NO RECORD		
(85+)	NO RECORD		

500 YARD FREESTYLE

MEN

(18+)	B. PON	4:55.99	2023
(30+)	N. CALHOUN	5:25.95	2023
(35+)	J. NIELSEN	4:55.75	2002
(45+)	D. CUNNIFF	5:04.07	2009
(50+)	J. VIALOVOS	6:15.95	2023
(55+)	R. WILSON	6:00.11	2011
(60+)	J. SERRANO	7:31.48	2024
(65+)	A. GROH	7:46.69	2001
(70+)	W. HAYES	8:27:87	2025
(75+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(35+)	D. WARD	6:11.09	2001
(40+)	M. RUEDA	6:25.02	2023
(45+)	B. HELD	5:52.52	2001
(50+)	D. LARKIN	6:54.27	2023
(55+)	NO RECORD		
(65+)	NO RECORD		
(75+)	NO RECORD		
(85+)	NO RECORD		

1000 YARD FREESTYLE

USPFC SWIMMING RECORDS THROUGH 2025

MEN

(18+)	B. PON	10:13.32	2023
(30+)	N. CALHOUN	11:13.49	2023
(35+)	NO RECORD		
(40+)	M. ESKES	11:14.9	2021
(45+)	M. ESKES	11:14.33	2025
(50+)	J. VIALOVOS	12:42.23	2019
(55+)	J. VIALOVOS	13:07.06	2025
(60+)	F. DELTORCHIO	16:56.6	2021
(65+)	NO RECORD		
(70+)	NO RECORD		
(75+)	NO RECORD		
(80+)	NO RECORD		
(85+)	NO RECORD		

WOMEN

(18+)	C. FUKAZAWA	12:14.24	1994
(30+)	M. RUEDA	12:49.12	2021
(35+)	NO RECORD		
(40+)	C. NORDYKE	13:44.84	2023
(45+)	NO RECORD		
(50+)	D. LARKIN	13:44.63	2023

200 YARD MEDLEY RELAY

MEN

18+	CA DEPT OF PARKS & REC	1:46.17	1992
	A. FIMLAID	R. SCHAFER	
	R. TOLIN	D. TYNAN	
30+	COMBINED TEAM	1:46.17	2006
	R. GRAVES	M. RINZLER	
	D. ROBINSON	B. WONG	
40+	ORANGE CO SD	1:54.36	1987
	P. GLASCOW	P. FERGUS	
	E. SCHUPBACH	K. DOESBURG	
50+	COMBINED TEAM	1:53.29	1998
	D. SKARE	T. CLARK	
	L. MEGGERS	H. BOSCOVICH	
60+	NO RECORD		

WOMEN

18+	COMBINED TEAM	2:13.42	1995
	P. VAROZZA	K. LIEBERTORE	
	J. DUPUIS	J. IRWIN	
30+	PEMBROKE PINES PD- MARTIN COMBO	2:19.25	2018
40+	PEMBROKE PINES	2:14.34	2024
	J. MARTIN	C. NORDYKE	
	J. VALOSEK	M. RUEDA	
50+	NO RECORD		

USPFC SWIMMING RECORDS THROUGH 2025

60+ NO RECORD

MIXED

18+	COMBINED/CENTRAL CA M. RIES T. ADAMS	J. HODGE M. CLEAVENGER	1:52.69	1998
30+	SAN DIEGO HARBOR POLICE DEPT E. WALVOORD S. MADVAY	J. GEARY J. BOLDUC	2:03.35	2016
40+	PEMBROKE PINES J. MARTIN N. CALHOUN	C. NORDYKE M. RUEDA	1:56.39	2023
50+	NO AGENCIES GIVEN J. ROGERS T. ADLER	L. ROBINSON R. McMEEKIN	3:29.79	2015
60+	NO RECORD			

200 YARD FREESTYLE RELAY MEN

18+	HUNTINGTON BCH PD/CA PARKS & REC G. PREECE J. MILLIGAN	M. PREECE R. TOLIN	1:32.29	1986
30+	COMBINED TEAM D. ROBINSON M. POWER	M. RINZLER R. GRAVES	1:32.03	2006
40+	ORANGE Co SD K. DOESBURG P. GLASGOW	P. FERGUS E. SCHUPBACH	1:37.89	1986-87
50+	ORANGE Co SD K. DOESBURG P. GLASGOW	P. FERGUS E. SCHUPBACH	1:45.57	2000
60+	NO RECORD			

WOMEN

18+	NO AGENCIES GIVEN J. VALOSEK NO NAME GIVEN	NO NAME GIVEN NO NAME GIVEN	1:35.50	2015
30+	OC SD, CA – RODGERS COMBO		2:00.78	2018
40+	PEMBROKE PINES J. MARTIN	C. NORDYKE	1:57.52	2025

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	J. VALOSEK	M. RUEDA		
50+	SAN FRANCISCO PD D. ERDY C. GASSEN	M. KERN T. ESCOBAR	2:16.68	2001
60+	NO RECORD			
MIXED				
18+	COMBINED TEAM M. RIES T. ADAMS	J. HODGE M. CLEAVENGER	1:40.50	1998
30+	SAN DIEGO HARBOR POLICE DEPT E. WALVOORD S. MADVAY	J. GEARY J. BOLDUC	1:46.06	2016
40+	COMBINED TEAM D. MALEY L. HESSELGESSER	A. KRAKLOW	1:53.25	2014
50+	NO AGENCIES GIVEN J. ROGERS T. ADLER	L. ROBINSON R. McMEEKIN	1:50.32	2015
60+	NO RECORD			